

PARENT EDUCATION OPPORTUNITIES

PARENTING CLASS FOR PARENTS OF ADOLESCENTS

Facilitated by Charlotte Landsman, M.S.

FIRST SESSION: Wednesdays, November 1, 8, 15, 29 and December 6, 13
9:30 – 11 am Fee: \$75 (workbook included)

It seems natural to take a tennis, golf or yoga class to develop better skills. Yet, when it comes to parenting classes, some parents find this unnecessary. Raising an adolescent in today's world demands skills that haven't been taught. And, raising an adolescent is difficult. (Please note: there will be no class on November 22)

"My friends all say 'Why take it? Things are still okay.' But that's exactly why I'm glad I did it now. I think I'm a bit more ready to deal with — and accept — what may be some inevitably tough times ahead. Is it crazy that I want to take the class again? It was that good." *Edgewood Parent*

"Between the excellent text, the group sharing and discussions and the unbelievably outstanding facilitator I wouldn't miss one minute of this class for anything"
Elm Place Parent

"Sometimes I felt like my children were just harder than other children, but after taking the class I realized that there were many parents who were insecure about their parenting skills. The class gave me many different methods I could try to help my parenting."
Northwood Parent

MIDDLE SCHOOL PARENT NETWORK SEMINARS *Edgewood, Elm Place, and Northwood Parents Working Together*

A parent network is a great resource for helping families keep in touch about common concerns: safety, health, discipline and other issues that come with our children's burgeoning independence. The primary focus of parent network is to support parents in developing proactive strategies for guiding their children through the challenges of adolescence.

For the 2006-2007 school year, the Middle School Parent Network Advisory is in the process of planning the following programs:

- **September 2006**

For the parents of sixth graders

"Welcome to Middle School...A Parent's Guide To Sixth Grade"

*Northwood's presentation is Thursday, September 14, 2006 at 1:30 pm

*Elm Place's presentation is Tuesday, September 19, 2006 at 10:15 am

*Edgewood's presentation is Tuesday, September 19, 2006 at 10:00 am

- **November 2006 and January 2007**

For all parents, two exciting presentations to be announced

- **April 2007**

For parents of eighth graders

"Welcome to High School: What to Expect as Our Children Progress from Middle School to High School"

For more information about these programs or to join the Middle School Parent Network Advisory, please contact Charlotte Landsman at (847) 433-3090.